



Special New Year's Offer from Florida Fitness Concepts!

**Attorneys & Residents -
Help the Legal Aid Society &
Get Fit at the Same Time!**

Have you or someone you know made a New Year's resolution to get in shape?

Florida Fitness Concepts is offering area attorneys and residents a *post-holiday* opportunity to feel better physically, mentally, and emotionally for just a few dollars.

For a donation of at least \$50 to the Legal Aid Society, you will receive two (2) complimentary training sessions and a body fat analysis at one of the top personal training studios in the Orlando area - Florida Fitness Concepts. Use the sessions for yourself, or give them to a friend or family member who's looking to get fit in the New Year! The offer is good from **January 1, 2012 through February 29, 2012.**

Participants will not only feel better following a great workout, but also know they assisted in ensuring that children, the working poor, and the elderly have a place to receive the legal services they need to secure food, shelter, and protection from domestic violence.

The Legal Aid Society of the Orange County Bar Association, Inc. relies on donations and grants to keep its doors open. A \$50 donation from you would make a positive impact on the program's ability to continue to provide important community services in these difficult economic times.

The Florida Fitness Concepts offer is restricted to no more than two donations per person. The offer is not available to current clients of Florida Fitness Concepts. Your sessions will be held at Florida Fitness Concepts, conveniently located at 1039 North Mills Avenue, Orlando, Florida 32803, and must be completed within one year of the date of donation. Florida Fitness Concepts is a full-service training facility with some of the best personal trainers and state of the art equipment in Central Florida. For more information about Florida Fitness Concepts, please visit www.floridafitnessconcepts.com.

Please make your contribution through the Legal Aid website at www.legalaidocba.org (See bottom of website screen for the "Florida Fitness Concepts" campaign.) To schedule your appointments, contact John Dickson at Florida Fitness Concepts at 407-497-2179 or cfloridafitness@cfl.rr.com. Be sure to print your receipt; you must bring proof of donation to your sessions in order to be eligible for this offer.

For more information, contact Donna Haynes, Development Manager, Legal Aid Society of the Orange County Bar Association at 407-841-8310, ext. 3150, or visit 100 East Robinson Street, Orlando, Florida 32801.